



**GOVERNMENT COLLEGE OF EDUCATION, SECTOR-20D,
CHANDIGARH**

REPORT ONE DAY NSS CAMP

(3rd October, 2023)

**TRAINING ORIENTATION PROGRAMME FOR
PROSPECTIVE TEACHERS (B.Ed.)**

Under


NATIONAL POPULATION EDUCATION PROJECT (NPEP), 2023-24

NSS Cell of Government College of Education, Chandigarh organized one day NSS Camp on 3rd October 2023 for the students of B.ED First year. During the camp Orientation Programme for Prospective Teachers (B.Ed) under National Population Education Project (NPEP) implemented by NCERT under Ministry of Education, Government of India, and New Delhi in collaboration with State Council of Educational Research and Training (SCERT), SECTOR 32 UT, Chandigarh was organized. The Camp begins with the attendance/registration of students followed by NSS Song. After that the Oath has taken on 'Integrity Pledge for Citizens' by the students and staff members. NSS Incharge Dr. Ravneet Chawla welcomes all the guests and students in the camp. Dr. Sapna Nanda Principal of the college delivered the formal welcome address.

Session one was delivered by Dr. RANJAY VARDHAN: Head Department of Sociology, PGGCG 42. He advocate for social change and a respected authority in the field, delivered an enlightening discourse on 'GENDER EQUITY AND EQUALITY' that resonated with both students and faculty members. He delivered a compelling address on gender equality and equity in relation to health, education, global gender gap index, Nari Shakti Vandan Abhiniyam, Hurdles for women's equality, Gender Identity Gender Stereotyping, ICT and empowerment.

Session 2 was delivered by Mr. RAHUL: Mr. Rahul addressed students about Child Safety and Abuse. He is working with NGO Bachpan and Child Sexual abuse prevention for the past 5 years. He started by explaining the POCSO Act, enacted in 2012, designed to protect children from sexual offenses. He talked about offenses under POCSO, penalties and punishments, penetrative sexual assault, sections and definitions, attempt and abetment, reporting mechanisms, child safety and awareness. Here's a breakdown of key points he covered:

The Director SCERT, UT Chandigarh Dr Surender S. Dahiya interacted with students. He shared his thoughts about New Education Policy (NEP), revised syllabus and encourages students to learn holistically.

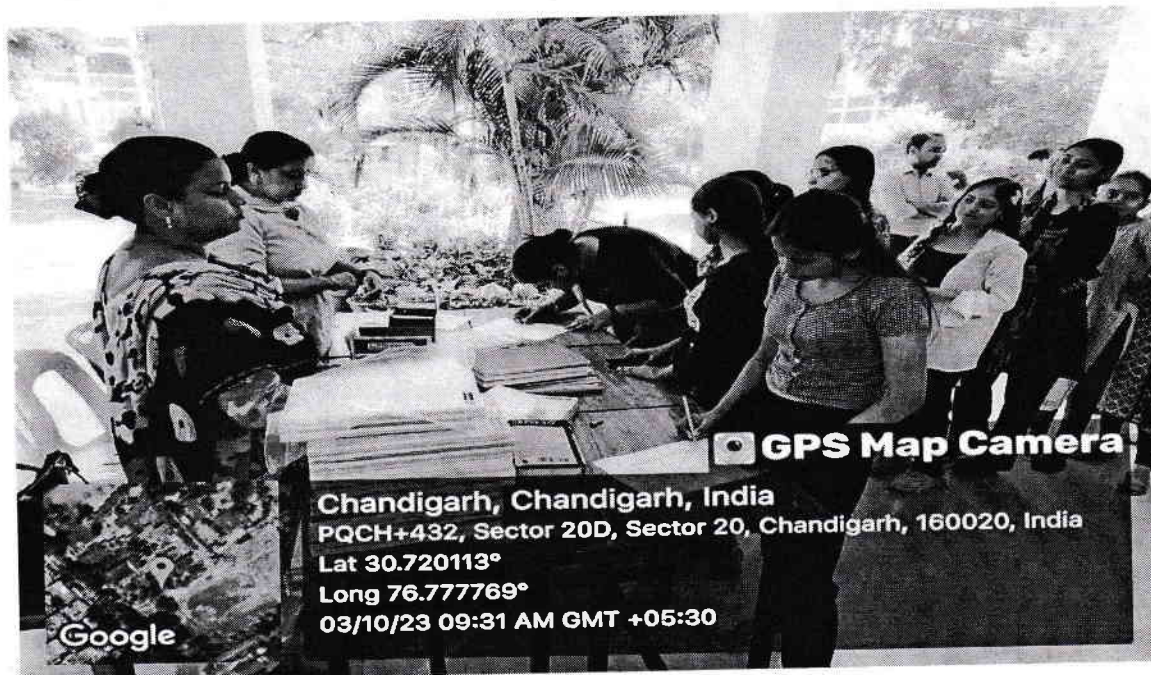
Session 3 was taken by Sh. Gurcharan Singh: Gurcharan Singh aimed to raise awareness about the ever evolving digital landscape and equip attendees with the knowledge and skills necessary to navigate cyber security safely. Gurcharan Singh is the faculty member for Cyber Crimes. Optimal Use of Social Media: Gurcharan emphasized the need for responsible and mindful usage of social media platforms to avoid potential risks. He shared a real-life example involving an 11-year-old girl to illustrate the potential dangers children face online.

Session 4 was delivered by Dr RUBY AHUJA a Clinical Psychologist, Certified with CBT Wellness Coach (Life member of Indian Association of CBT-IACBT), The talk began by discussing the importance of emotional regulation, emphasizing the need to manage and control one's emotions effectively. She suggested strategies for reducing emotional vulnerability, emphasizing that understanding, changing, and reforming our emotional responses are key factors in maintaining mental well-being.

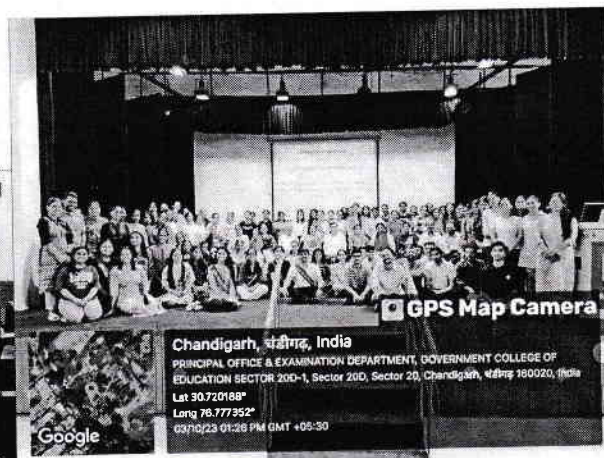
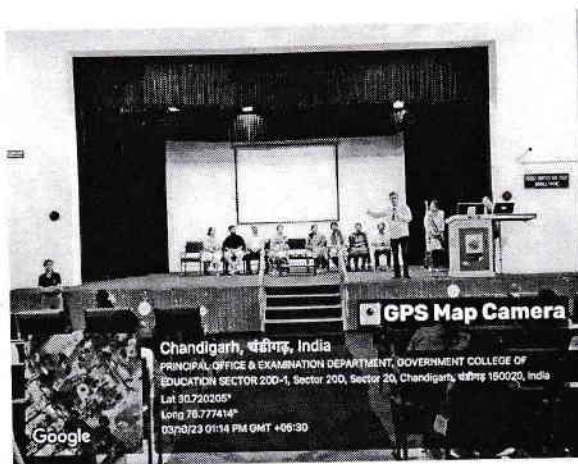
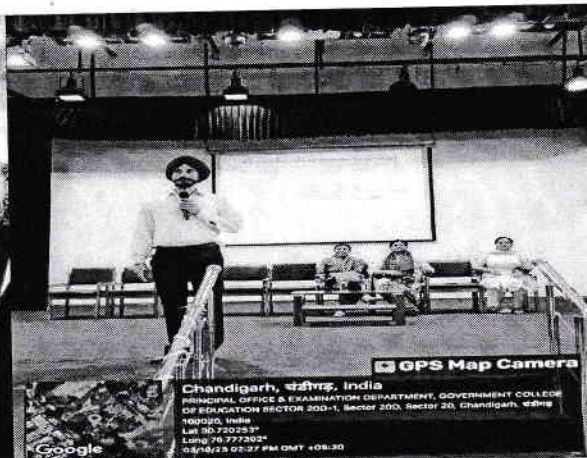
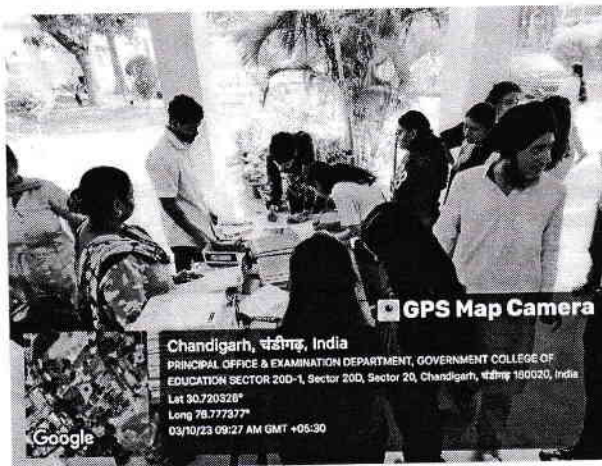
The audience was introduced to the "Mental Health Toolkit," which comprises five phases: Listen, Protect, Connect, Model, and Teach. These phases serve as a framework for maintaining mental well-being. Dr Ahuja advised the audience to act on their emotions cautiously and to verify the facts to determine whether their emotions were justified by the situation.

Vote of thanks was delivered by NSS PO Mr. Ravinder Kumar. Camp ended with the National Anthem.

Glimpses:-



[Handwritten signature]



NSS PO

Dr. Ravneet Chawla

Dr. Ravinder Kumar

Mrs. Sonika Devi

Principal

GCE-20D, CHD