



**GOVERNMENT COLLEGE OF EDUCATION
SECTOR-20D, CHANDIGARH**

To

Project Director,
Chandigarh State AIDS Control Society,
U.T. Chandigarh

Memo No. GLE-20D/2023/674 Date: 24/03/23
674

Subject: ANNUAL REPORT OF RED RIBBON CLUB

Please find enclosed herewith the annual report of Red Ribbon Club for information and further necessary action.

(Dr. Kusum)
Convener
Red Ribbon Club

Principal
Govt. College of Education,
Sector-20D, Chandigarh

CC:

- ✓ For College Website
2. For Office Record
3. For NAAC Committee (Dr. Anjali Puri)

GOVERNMENT COLLEGE OF EDUCATION
SECTOR-20D, CHANDIGARH

Red Ribbon Club

ANNUAL REPORT OF RRC

2022-23



(Dr. Kusum)
Convener
Red Ribbon Club

Principal
Govt. College of Education,
Sector-20D, Chandigarh

(27th AUGUST, 2022)

CYCLOTHON

Bicycle Rally for HIV AIDS Awareness

Cyclothon (Bicycle Rally) was organised by Chandigarh State Aids Control Society for HIV AIDS Awareness on 27th Aug 2022 flag off by Hon'ble Shri Yashpal Garg, Secretary Health, UT, Chandigarh from Sukna lake to New lake Sector 42. Various school and college students participated in the rally. Many volunteers also joined the rally. Inauguration was done by releasing the balloons in the air. The students brought their own bicycles for the rally and it started with a great enthusiasm and everyone created awareness throughout the rally regarding HIV AIDS. Students of Red Ribbon Club of Govt. College of Education also participated in the rally. The rally ended successfully. After rally, refreshment was given to all the participants.



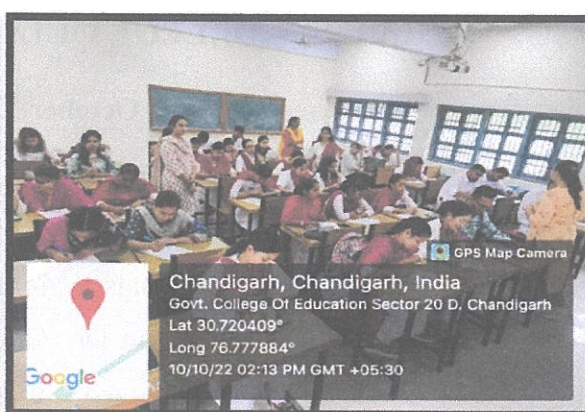
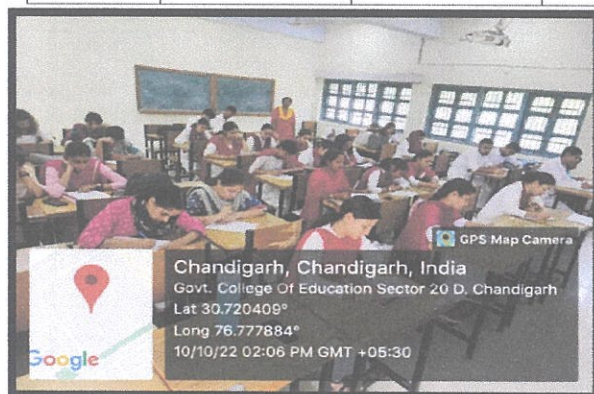
INTRA COLLEGE QUIZ COMPETITION

10th October, 2022

Red ribbon club of Government College of Education, Sector 20 D, Chandigarh in collaboration with Chandigarh AIDS Control Society organised an Intra College Quiz competition on 10th October 2022. The competition was organised for the B.Ed 1st Semester students under the guidance of Dr. Kusum, Incharge RRC and Dr. Aarti Bhatt member RRC. Nearly 80 students participated in competition. It started at around 2 o'clock and was organised in respective B.Ed

classroom of Section A (Room No. 31) and Section B (Room No. 32) for the students. 50 short answer type question related to the topic mentioned were asked from the students for which they have to give the response. The idea behind this competition is, to actively involve and engage students of college in creating awareness about HIV/AIDS, Adolescent Health, Blood Donation, Mental Health and any other public health threat through a mode of Quiz. Competition was organised to find the best One Team comprising of two students who will represent the college at the State Level Quiz competition on November 11th 2022. Mr. Ravinder Kumar, Dr. Upasna Thapliyal and Mrs. Sonika acted as Judges of the competition and evaluated the response sheets of students and presented their judgement as mentioned below:

Sr.NO	ROLL NO.	SECTION	NAME	POSITION
1.	218	B	Nitish Kumar Jha	1st
2.	246	B	Isha Duggal	2nd
3.	273	A	Tripti Atri	3rd



STATE LEVEL QUIZ COMPETITION

11th November, 2022

The Red Ribbon Club of the college organised quiz on HIV/AIDS awareness, mental health and Adolescent health and all students of B.Ed. 1st Semester participated in that with full enthusiasm on October 10, 2022. It was observed and organised by Dr. Kusum (Convener) of Red Ribbon Club of Government College of Education, Sector-20 D, Chandigarh. On the basis of the results of this quiz competition students are selected for the State level quiz competition Red Ribbon Club to be held on 11 November, 2022 which was held at Hotel Park view, Sector-24, Chandigarh. This competition was organised by Chandigarh State AIDS control Society, UT, Chandigarh. In which 19 teams participated from different colleges. Nitish Kumar Jha and Isha Duggal of B.Ed. 1st Semester represented their college in State level quiz Competition. The quiz competition was divided into two rounds in which first round was MCQ round and each team was given chance to answer two questions and marks were awarded accordingly. Second round was passing on round in which unanswered questions were passed on to next team and bonus was given for the correct answer. The quiz consisted of questions on mental health, adolescent health, HIV/ AIDS and COVID-19. Consolation Prize was awarded to Govt. College of Education team and Cash prize of Rs 3000 was awarded to the team. After this, knowledge about HIV/ AIDS was further given to all the participants by judges.



INTER COLLEGE COMPETITION
THE THEME OF HIV/AIDS AWARENESS

4th November, 2022

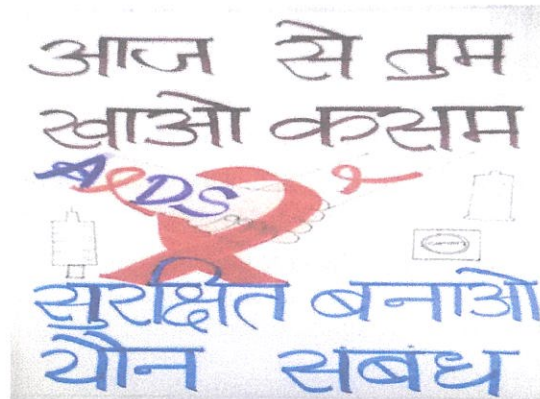
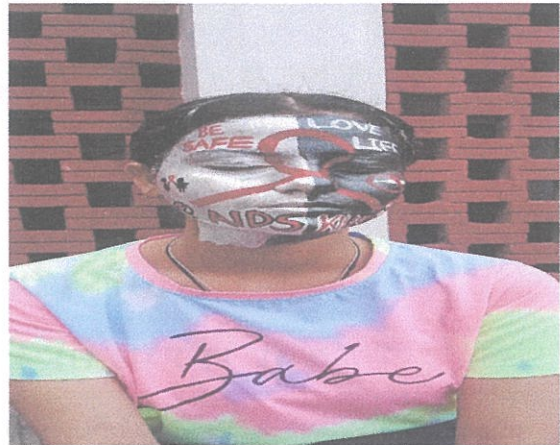
Chandigarh AIDS control society organised an inter college Competition on the theme of HIV/AIDS awareness on 4th November, 2022 in the premises of Government College for Girls, Sector - 11, Chandigarh. The students selected for various competitions by Dr. Kusum and Dr. Nisha Singh which students for represented of Govt. College of Education, Sector-20D, Chandigarh.

Following students participated in these different Competitions:

Rangoli Making Competition	Isha Duggal (246) Amrinder Kaur (258)
Poster Making Competition	Amulya (299) Jaspreet Kaur (287)
Slogan writing competition	Nitish Kumar Jha (218)
Face painting competition	Rankita Kumari (248) Naincy Kumari (212)
Essay Writing competition	Aarti (219)
Collage Making Competition	Sonu (223) Parul (240)

The day started with registration at PG Govt. College for Girls, Sector-11, Chandigarh and then all the participants went to the venue allotted for their respective competitions. All competition started at 9:30 and refreshment was given to all the participants after the competition. At 12 pm results were announced in college auditorium by the judges (member of Chandigarh AIDS control society). All the participants were awarded with certificate of participation. Naincy Kumari and Rankita Kumari were awarded cash prize of Rs.1000 as they grabbed first prize in face painting Competition. This competition was also like a great awareness campaign for all the students. Incharge of this event was Dr. Kusum who prepared all the students for different competitions and motivated them to perform to best of their potential.

Glimpses of the Event:



Distribution of prizes:





VARIOUS COMPETITIONS

THE THEME OF AIDS AWARENESS

26th November, 2022

Red Ribbon Club organized various competitions on 26th November, 2022 on the theme of “Aids Awareness” in the premises of the Government College of Education Sector 20D, Chandigarh. The whole event was organized under the supervision of the Incharge of the Red Ribbon Club Dr. Kusum with the coordination of members of the Red Ribbon Club. The competition started from 10:30 A.M to 12:00 noon and was organized in respective B.Ed. classroom of section A (Room No-31) and section-B (Room No-32). All the students of the B.Ed 1st semester participated in this competition. The activities for the competition were as follows:

- a) Rangoli Making
- b) Cartoon Making
- c) Tattoo Designing
- d) Poster Making
- e) Slogan Writing

The students expressed their views and thoughts about the theme “Aids Awareness” by drawing posters, writing slogans, designing tattoos and cartoons along with making different colorful rangoli. One could see and feel the enthusiasm that the students had in their presentations. This activity kept the students engaged and was organized to aware and encourages creativity of the students.

All the participants participated earnestly in the competition. They all came up with amazing creativity. Vice Principal Dr. Savita Arya was the chief guest of the competition. She encouraged the students with the valuable words. The formal vote of thanks was delivered by Dr. Kusum.

The judges for various competitions:-

- a) Dr. Anurag Sankhian
- b) Dr. Nisha Singh
- c) Mr. Sanjeev Kumar

The final judgment was made by the external source, faculty members of the college and presented their judgment as mentioned below:-

The winners of the various competitions are:

POSTER MAKING COMPETITION

- 1) Anmol Jaswal – 1st
- 2) Kriti Shukla – 2nd
- 3) Amulya – 3rd
- 4) Shama – 3rd

SLOGAN WRITING COMPETITION

- 1) Anshu Rani - 1st
- 2) Isha Duggal – 2nd
- 3) Reena – 2nd
- 4) Kajal Rathour – 3rd

CARTOON MAKING COMPETITION


- 1) Rankita Kumari – 1st
- 2) Arshdeep kaur – 2nd
- 3) Aanchal Pathania – 3rd

TATOO DESIGNING COMPETITION

- 1) Anjali Rana – 1st



Prevention Is Better Than Cure
 When Something Has No Cure



आओ मिलकर कसम खाएँ
 एड्स को जड़ से
 दूर भगाएँ



AIDS FREE WORLD

AIDS KILLS LIFE

BE SAFE

LOVE LIFE

USE ME

WEAR CARE

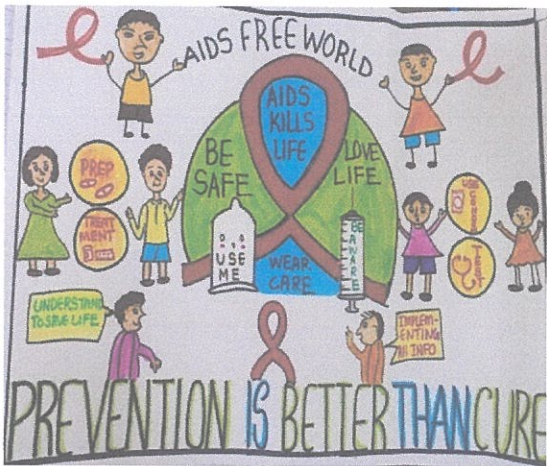
PREP

TREATMENT

UNDERSTAND TO SAVE LIFE

EMPOWERING INFO

PREVENTION IS BETTER THAN CURE



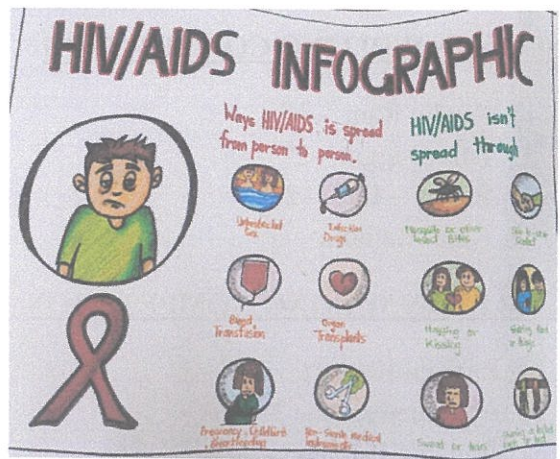
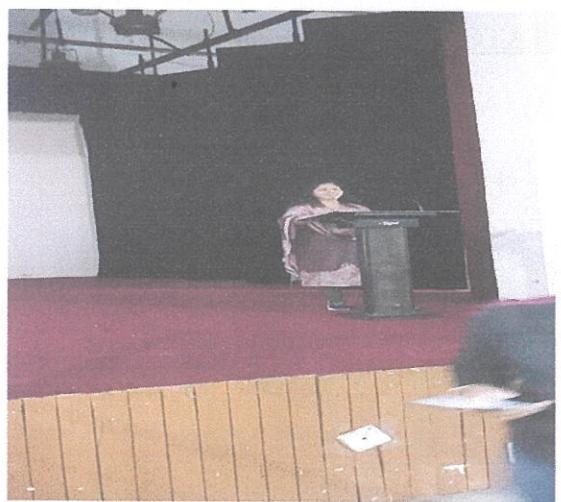
HIV/AIDS INFOGRAPHIC

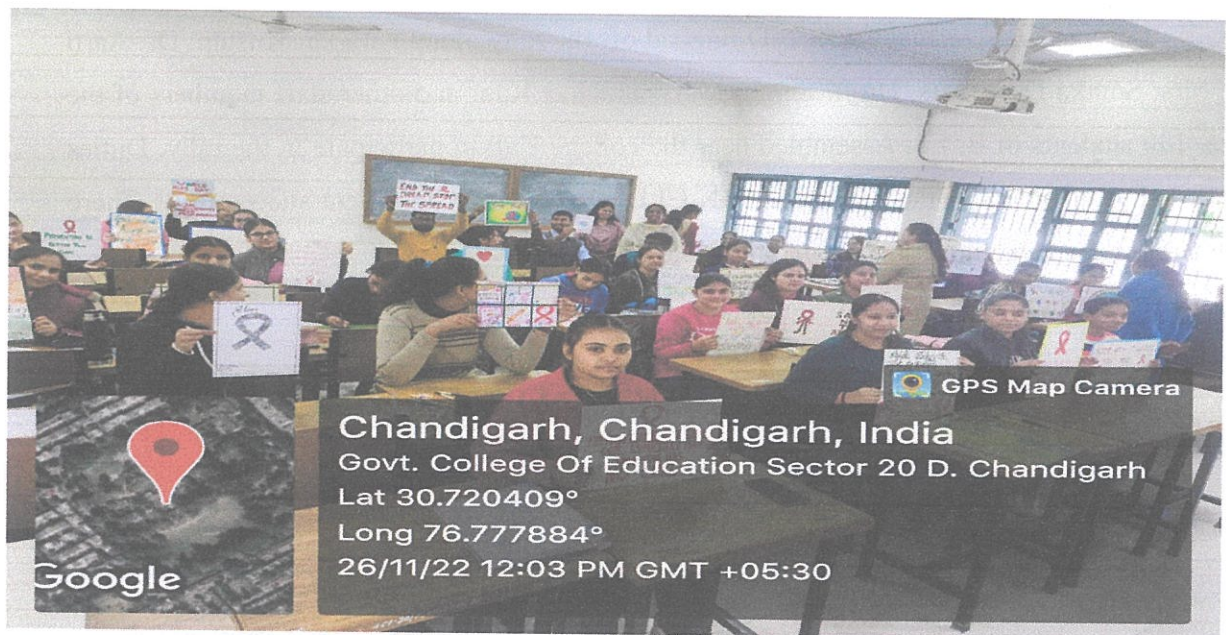
Ways HIV/AIDS is spread from person to person:

- Unprotected Sex
- Injection Drugs
- Blood Transfusion
- Organ Transplants
- Frequency, Gender, and Anonymity
- Sexual medical professionals

HIV/AIDS isn't spread through:

- Through air, water, food, or insects
- Sharing needles
- Using the same toilet
- Sharing a bed or bath
- Using the same glass
- Handshake or hug
- Swimming pool
- Public transport

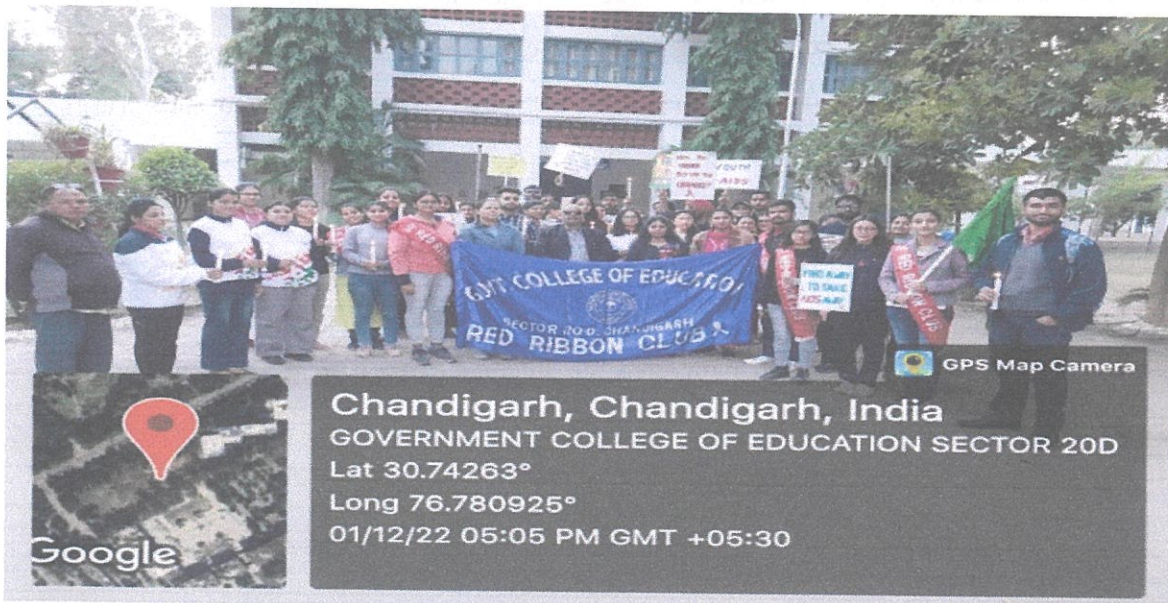





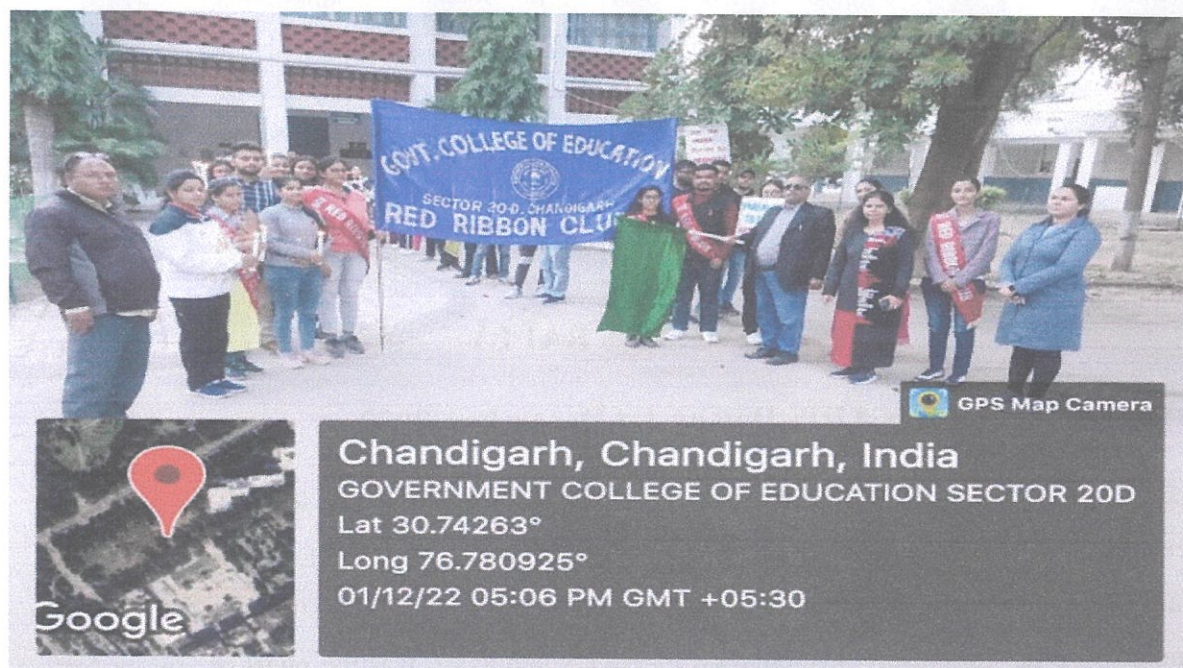
AIDS AWARENESS RALLY

World's AIDS Day on 1st December, 2022

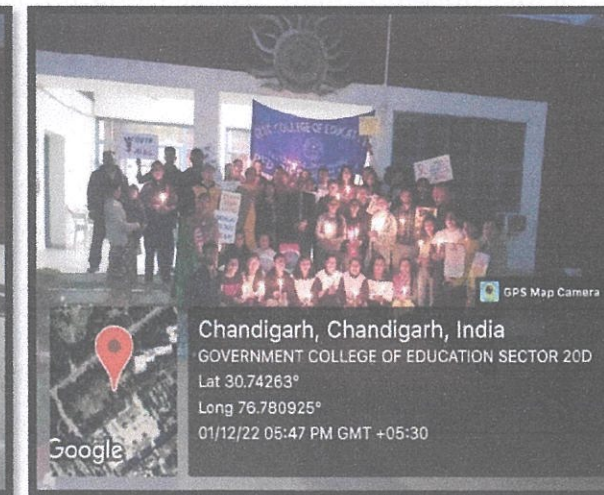
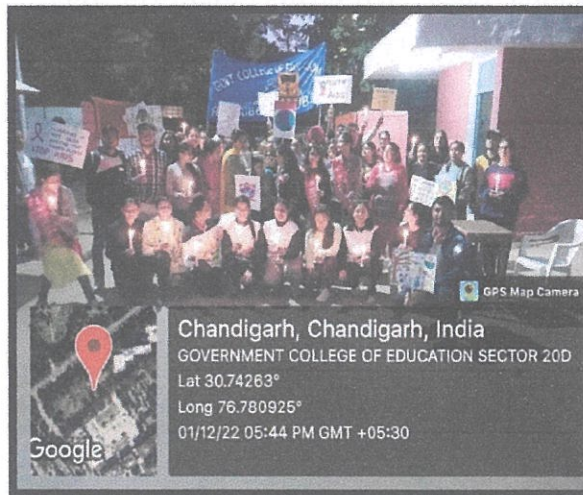
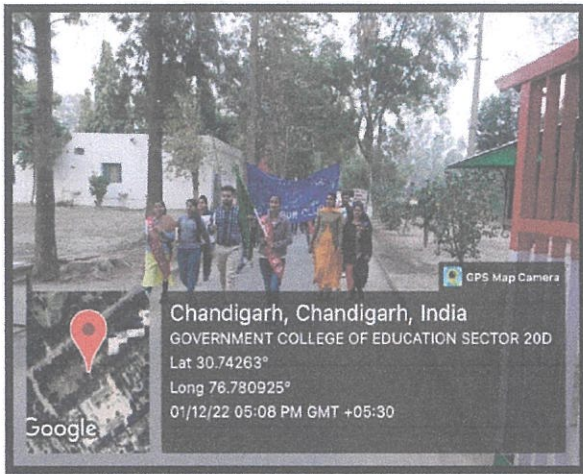
As per the directions of Chandigarh state AIDS control Society, Red Ribbon Club of Government College of Education, Sector-20D, Chandigarh organized Candle March rally by Dr. Kusum (Coordinator, RRC) on the theme of World's AIDS Day on 1st December, 2022 at 5:00 p.m. Dr. A. K. Shrivastav, Principal GCE, 20D, Chandigarh was the guest of honour for the Awareness Rally Program.



Dr. A. K. Shrivastav, Principal GCE, 20D flagged off the rally along with Dr. Kusum, Dr. Aarti Bhatt, Mrs. Sonika Devi, Mrs. Urmil Singh, Mrs. Sarabjeet Kaur and other staff members of the college. 100 students of B. Ed. Assembled near the college Hall to participate in the rally. Duties are assigned to members of the RED RIBBON CLUB to organize this event successfully. There was a march in the residential area around the college.



Volunteers enthusiastically participated in the event. During the Candle march volunteers initiated the Slogans like 'Open Your Eyes Before Aids Close Them', 'Fight Aids Not People, 'Better to Protect Rather Than Regret', 'Jan Jan Vich Sandesh Pohchao Aids Vargi Bimari Nu Dur Bhajao' " Saathi Parati Wafadari dur rhe AIDS ki bimari " ; " Hate the Disease but not the diseased " etc. had been raised by the students on HIV/AIDS AWARENESS with the help of Banners and Flex and placards and Candle. Expressing happiness at the successful implementation of the program with good dedicated team work, Principal Dr. A. K. Srivastava congratulated the organizer of the rally and motivated the students to participate in all the future activities with great zeal and enthusiasm. He also encourages the students to take part in the various social activities and also appreciate the hard work of teachers and students. After the successful completion of the event, refreshment was provided to the actively participated students and staff members.



BLOOD DONATION CAMP

Date: 10 March 2023

One day blood donation camp was organized by the Red Ribbon Club of the Government College of Education; sector 20 D, Chandigarh on 10th March 2023 under the esteemed guidance of our club Incharge Dr. Kusum and member Dr. Aarti Bhatt. Dr. Jaswinder Kaur Director, Government Medical College of Hospital, Sector 32 was the Chief Guest on the occasion and she inaugurated the camp along with Dr. Ravneet Kaur Head, Department of Blood Transfusion, Government Medical College of Hospital, Sector 32, Dr. (Mrs.) Sapna Nanda, Principal, Government College of Education, Dr. A.K. Srivastava (Dean GCE20) and RRC incharge Dr. Kusum and member RRC Dr. Aarti Bhatt. The session started with motivational lecture by Dr. Ravneet Kaur from Government Medical College of Hospital, Sector 32 where she highlighted the importance of blood donation. She discussed about the need of blood to save human life, components of blood that can be used, the situations and diseases where blood transfusion is required. She continued her discussion with the importance of voluntary blood donation and why blood given voluntarily is the best type of blood donation that a person can do. She also emphasised on the fact that blood is replenishable and there is no major effect on donator health whatsoever. After this, she gave a detailed description about the process of blood donation where she described the whole process of selecting those donors that are healthy and able to give blood which comes with certain conditions(like having haemoglobin more than 12.5, not being on any medication, not being on periods for females, etc.). After this selection, the donor is asked to lie down and the blood is taken under careful observation of the doctors with clear labelling and careful handling of the collected sample. After the blood has been taken, the donor is monitored by the onsite doctors for a little while so that they can make sure that the donor is in perfect health. Dr. Ravneet Kaur motivated everyone present in the hall to donate blood and save lives, and the result was that the students of the college enthusiastically participated in the blood donation camp. All volunteers were awarded with a brooch and a certificate by Madam Principal, Dr Ravneet Kaur and Dr. Kusum. Students of both semesters took part in blood donation camp enthusiastically along with teaching and non-teaching staff. Refreshment was also given to donators. Team of 10 doctors were there to assist and guide donator. Students have to undergo through an examination which included checking weight and haemoglobin level of students to check whether they are fit for donating blood or not



AIDSCON-12 National Conference organised by Chandigarh State AIDS Control Society

The Red Ribbon Club of our College under the guidance of Dr. Kusum felicitated in



AIDSCON-12 - Towards AIDS Free World, a National Conference organised by Chandigarh State AIDS Control Society on 10th-11th March 2023 at Hotel Parkview, Sector 24, Chandigarh. Shachi Sudhir, a student of Bachelors of Education, Semester 2 presented her Research paper on the theme "Stigmatisation and Psychological Support for AIDS High Risk Groups". She was congratulated by the panel for a nice presentation which highlighted the role of mental health in the treatment of PLHIV.



Similarly, Sheron, a student of B.Ed Semester 4 was much appreciated for an expressive handmade poster and received the Consolation prize for Poster Presentation.



solve real life problems through the knowledge shared in the conference. The conference was filled with highly enriching technical sessions along with informative panel discussions. The second day of the conference concluded with Prize distribution and felicitation of all the Red Ribbon Club incharges including Dr. Kusum, incharge, Red Ribbon Club, GCE, Sec 20- D, Chandigarh.

Convenor
Red Ribbon Club

Principal
Govt. College of Education
Sector - 20 D, Chandigarh

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