

GOVERNMENT COLLEGE OF EDUCATION, SECTOR 20-D, CHANDIGARH

NATIONAL SERVICE SCHEME: BRIEF REPORT 2018-19

Dated: 03-05-2019

The college has 232 volunteers (B.Ed, M.Ed and PGDGC students) for the session 2018-19. The NSS in-charge for the college is Dr. Ajay Kumar Srivastava. Dr Mukhtiar Singh and Dr Meena are two other programme officers. The following are the details of the activities/ programmes undertaken by the NSS units throughout the session 2018-19:

REGULAR ACTIVITIES:-

1. Five One day NSS camps and one special 7 days (day and night) NSS camp were organized by the college NSS units.
2. Swachata Pakhwada was organized in the College on 01 Sept. to 15 Sept. 2018.
3. Interactive session by Punjab Engineering College students' was conducted on Water-A Mystery.
4. Participation in National Safety Awareness Week (Safety riding training) , which was organized by Chandigarh Police in Children Traffic park, Sector 23, Chandigarh , on 09-02-2019.
5. Participation of Volunteers in Disabled Friendly survey of City Chandigarh, which was conducted by GRIID, sector 31, Chandigarh and NSS Chandigarh Administration, from 22nd to 26th Feb 2019.

3. ONE DAY CAMPS:

- One day NSS camp and Teachers' Day Celebrations were organized on 05.09.18.
- One day NSS camp was held on the Foundation Day of NSS on 24.09.18.
- On the occasion of Martyrdom Day of Mahatma Gandhi, NSS camp was held on 30.01.19.
- One day NSS camp on theme **Water Conservation and Electoral Awareness** was organized in the college on 16.04.19.

- One day NSS camp and its valedictory function along with the annual prize distribution (NSS, Sports and Cultural activities, etc.) were organized in College auditorium on 02.05.2019.

4. The following activities were conducted during the One Day NSS Camps held in the Session 2018-19:-

In the five, one day NSS camps themes were National Poshan Mah, Clean India-Swachh Bharat; Importance of Guru (Teacher) in our lives (Teacher's day celebration); significance of NSS Camps; Importance of Yoga in Life; Leprosy Day; Relevance of Gandhian way of life; Gender sensitization; Drug De-addiction; Youth parliament; Feeling of patriotism & nationalism; Swachhata Pakhwara; Pollution free environment; Cracker free Diwali, 'Water Conservation and Electoral Awareness'. Celebration of 550th Birth Anniversary of Sri Guru Nanak Dev Ji and Centenary of Jallianwala Bagh Massacre etc. Lectures were delivered and discussions were held by students and resource persons.

5. Special Camp ,

The NSS unit of the college organized a '**Special Seven Days NSS Camp**' from 29th Sept - 05th Oct ,2018. Following events took place during this special camp:

- During the seven days camp- the volunteers performed **Yoga**-asanas, pranayams and meditation in the morning under the guidance of Sh. Balwinder Acharya , a veteran Yoga Expert from the tricity.
Heartfulness meditation by Sh Anil Saini, Mr Ram Naresh Ojha and their team was conducted during the three days workshop on 3rd , 4th and 5th October, 2018.
- The volunteers visited Govt. High School, Sector-52 (village Kajheri), Chandigarh and conducted cleanliness survey, special drive on **Swachhata Abhiyan and tree plantation** in the school. Volunteers conducted an awareness rally about Drug De-addiction and Swachhata Abhiyan.
- Lecture on Anger and Stress Management through meditation by Brahmkumaris was conducted in College and special lecture on **human rights** was delivered by Former faculty member.

- An awareness lecture on **Organ Donation** was conducted by Dr. Rajinder Kaur, PGIMER-Chandigarh, who highlighted the importance of this noble cause and motivated the volunteers for taking the pledge for organ donation.
- Heats of indoor games took place in the evening where the volunteers enjoyed the games.
- Various sessions were held on Financial Management, Inculcation of Team Spirit and Leadership, Health Management, Disaster Management etc.
- NSS volunteers interacted with Sh Tarun Sahni and Mr. Rakesh Katoch, representatives from PNB, Chandigarh on the topic- **Financial management workshop including awareness of cashless drive.**
- A team of experts from the **Fire Department**, Chandigarh Administration interacted with the students on fire safety and demonstrated the fire fighting operations in action in the college premises.
- **Birth anniversaries** of Gandhi Ji and Sh. Lal Bahadur Shastri were celebrated on 2nd Oct 2018 followed by presentations of bhajans and songs, debate and extempore speech contests were held.
- A special lecture cum interaction session was organized for the volunteers to make them aware of **traffic rules and road safety measures** by Wing Cdr. Sh.C.S Grewal (Retd.) , Chief Traffic Marshal (Chandigarh Traffic Police) along with their team.
- Awareness session on dengue, swine flu and chikungunya was organized and experts from Anti-Malaria Wing, Health Dept, U.T. Chandigarh shared their views with the NSS Volunteers.
- Volunteers also had the interaction with the students of **Institute for the Blind**, Sector 26 Chandigarh. Volunteers also had the interaction with residents of **Old Age Home**

sector 30, Chandigarh and also visited **Ramakrishna Mission Ashram**, Sector 15 , Chandigarh

- Various **cultural items** with powerful social messages were presented by the Volunteers in the concluding session of the camp on 5th October, 2018, where H.H. Swami Satyeshananda ji, Secretary Ramakrishna Mission Ashram, Chandigarh addressed the volunteers on methods to keep body, mind and spirit healthy in great details .He blessed the volunteers and inspired them to work for national service.

The compiled detailed report of the 7 days Special NSS camp, five one day NSS camps and all other activities organized by the NSS units has already been submitted earlier. A total of 48 NSS volunteers received certificates and prizes in various NSS activities.