









GOVERNMENT COLLEGE OF EDUCATION SECTOR 20-D, CHANDIGARH

NATIONAL SERVICE SCHEME CHANDIGARH NSS CELL U.T. CHANDIGARH NATIONAL INTEGRATION CAMP

(JIND HARYANA)

12th November 2024 - 18th November 2024

Theme: "Youth for my Bharat and Youth for Digital Literacy"

Camp Venue: Chaudhary Ranbir Singh University Jind Haryana

CONTINGENT INCHARGE & NSS PROGRAMME OFFICER:

Dr. Balwinder Kaur, Government College of Education, Sector-20 D, Chandigarh

DETAILS OF STUDENTS:

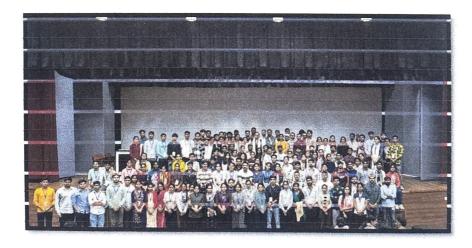
- 1. Ms. Muskan, B.Ed.-I, Government College of Education, Sector-20 D, Chandigarh
- 2. Mr. Piyush Sharma, B.Ed.-I, Government College of Education, Sector-20 D, Chandigarh
- 3. Ms. Khushmeen Saini, BA-III PG Govt. College Sector-11, Chandigarh
- 4. Mr. Deepak Dhanda, BA-III PG Govt. College Sector-11, Chandigarh 5. Ms. Madhu Mala, BA-II,I PG Govt. College Sector-11, Chandigarh
- 6. Ms. Nisha, 12th, Govt. Girls Model Sr. Sec School Sector-20 B Chandigarh
- 7. Ms. Rupinder Kaur, 12th, Govt. Girls Model Sr. Sec School Sector-20 B Chandigarh 8. Ms. Disha, 11th Govt. Girls Model Sr. Sec School Sector-20 B Chandigarh
- 9. Ms. Tanishka, 12th, Govt. Girls Model Sr. Sec School Sector-23 (Nyc) Chandigarh 10. Ms. Kanishka, 12th, Govt. Girls Model Sr. Sec School Sector-23 (Nyc) Chandigarh
- 11. Ms. Vanshika Rana, 12th, Govt. Girls Model Sr. Sec School Sector-23 (Nyc) Chandigarh 12. Mr. Arjun, 12th, Govt. Model Sr. Sec School Sector-33 Chandigarh
- 13. Mr. Hemraj Raj, 12th, Govt. Model Sr. Sec School Sector-33 Chandigarh

OVERVIEW OF THE CAMP

The National Integration Camp (NIC), organized under the auspices of the National Service Scheme (NSS), provided a platform for youth to engage in activities aimed at fostering unity, cultural exchange, and digital literacy. Over 230 volunteers from 14 states gathered at Chaudhary Ranbir Singh University, Jind, Haryana to exchange ideas and showcase their talents, creating a vibrant and inclusive environment.

The camp was meticulously structured with daily yoga sessions, learning modules, cultural evenings, and interactive activities. Volunteers were grouped with peers from different states to promote cross-cultural interaction, making the theme of "Unity in Diversity" a lived experience.





12th November 2024

INAUGURATION DAY

On the first day, NSS volunteers from various states, including Chandigarh, arrived at the camp venue. They completed registration formalities and were assigned accommodations. The day commenced with an orientation session in the university auditorium.

The inaugural ceremony was graced by Dr. Jitendra Kumar, Programme Coordinator at CRS University, Jind, who welcomed the participants and outlined the objectives of the camp. The session began with a lamp-lighting ceremony, followed by cultural performances by different state teams.

The day concluded with interactive group discussions where participants were introduced to their integrated teams. This grouping fostered camaraderie and teamwork, setting the tone for the activities to follow.









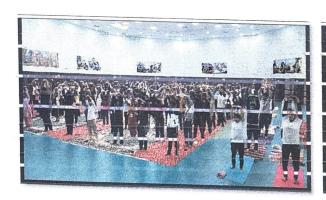
13th November 2024

LEARNING AND CULTURAL EXCHANGE

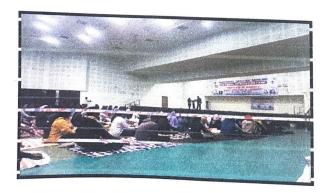
The day began with a serene yoga session led by Shri Keerti, who emphasized the importance of mental and physical well-being. Volunteers learned various yoga asanas and pranayama techniques.

Post-yoga, the academic sessions commenced, with lectures on Basic Concepts of NSS and Digital Literacy delivered by Dr. D.N. Pandey and Dr. Omprakash Gupta. These sessions highlighted the role of NSS in community building and the relevance of digital literacy in today's world.

The evening cultural program provided a glimpse into Haryana's rich heritage. Volunteers enjoyed traditional music and dance performances, gaining a deeper appreciation for local customs.









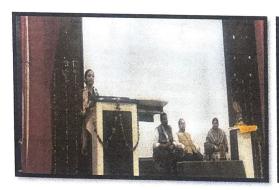
14th November 2024

INTEGRATED CULTURALPERFORMANCES

The third day of the camp began with a rejuvenating yoga session, a daily ritual that emphasized the physical, mental, and emotional well-being of the participants. Following yoga, participants convened in their integrated groups to prepare for the day's activities. Volunteers engaged in rehearsals with their groups, preparing skits and performances aligned with the theme of the day.

Keynote speakers included prominent scholars- Dr. Pritam Singh from Delhi University, Dr. Rita from Kurukshetra University, Dr. Rishi Goel from SIASTE Kurukshetra and Dr. Markanday Ahuja former Vice-Chancellor, Gurugram University. Their discussions on topics like Ek Bharat Shreshtha Bharat and Leadership Paradigms inspired the volunteers to embrace leadership roles in their communities.

The evening was the highlight, with integrated groups presenting skits on social issues. Chandigarh's teamperformed a compelling skit on Women Empowerment, portraying the struggles and triumphs of a young woman fighting harassment.









15th November 2024

CELEBRATING GREAT PERSONALITIES

Starting with the yoga session, this day was dedicated to recognizing the contributions of India's great leaders under the theme "Hamare Maha Purush." The morning yoga session focused on Surya Namaskar and its role in promoting a healthy lifestyle.

Volunteers worked in groups to prepare presentations and performances.

The academic session by Dr. Vikram Singh from JNU explored Stress Management through Yoga, providing practical techniques to cope with challenges in daily life.

The evening cultural program included songs, dances, and skits celebrating the lives of national leaders, fostering a sense of pride and unity among participants.



16th November 2024

MERA PRADESH, MERA DESH

The morning commenced with a yoga session. Then, state-level activities took centre stage, showcasing the cultural diversity of India. Volunteers engaged in group discussions to prepare strategies for representing their states.

A poster-making competition on the theme "Digital Literacy and Cyber Crimes" saw active participation. Chandigarh's representativescreated an impactful poster, emphasizing the need for digital awareness and safety in the digital age.

The evening was dedicated to state-level cultural performances. Chandigarh's team performed a vibrant presentation, blending traditional and contemporary elements, earning widespread praise.









17th November 2024

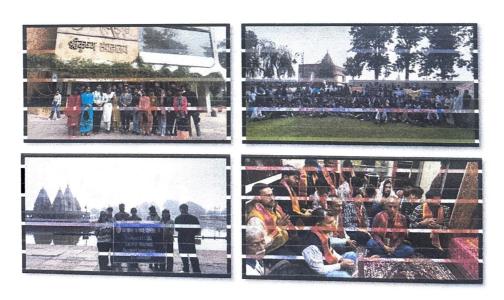
EXPLORING CULTURAL HERITAGE

The sixth day was reserved for a field trip to Kurukshetra, a city steeped in history and spirituality. Volunteers visited prominent sites, including:

- Brahma Sarovar
- Kurukshetra Panorama Science Centre
- Krishna Sangrahalaya
- Devi Bhadrakali Shaktipeeth
- Narkahari Bheshma Pitamah Kund

The trip offered valuable insights into India's rich cultural and historical heritage. Lunch was served at Kurukshetra University, where participants appreciated the arrangements and hospitality.

The day's activities provided a much-needed break from routine, offering both education and relaxation.



18th November 2024

CLOSING CEREMONY

The final day of the camp was an emotional and celebratory occasion. Volunteers assembled early to pack their belongings and gather for the closing ceremony.

The event began with the Deep Prajwalan ceremony and the NSS song sung in unison. Chief guest Dr. Vijay Nadda delivered an inspiring speech on the role of youth in building a digitally literate and united nation. He also emphasized the vision of "Viksit Bharat 2047."

Dr. Ranpal, Vice-Chancellor of CRS University, expressed his gratitude to the volunteers for their dedication and enthusiasm, which ensured the camp's success. The day also included cultural performances by teams from Punjab, Haryana, and Telangana, keeping the energy and spirit alive till the very end. Chandigarh Volunteers Ms. Khushmeen and Ms. Rupinder Kaur won First and Second Position in cultural programme in the team.

A special lunch marked the conclusion of the camp, providing an opportunity for volunteers to share their experiences and bid farewell to newfound friends.







REFLECTIONS AND CONCLUSION

The National Integration Camp was a transformative experience for all participants. Volunteers from Government College of Education, Sector 20-D, Chandigarh, displayed exceptional dedication, contributing meaningfully to every activity.

The camp fostered a sense of national pride and unity, showcasing the beauty of India's diversity. It also emphasized the importance of youth engagement in community service, leadership, and digital literacy. The memories, friendships, and lessons from this camp will inspire participants to work toward a stronger and more inclusive India.



NSS PO

Dr. Balwinder Kaur

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