



**GOVERNMENT COLLEGE OF EDUCATION
SECTOR 20-D, CHANDIGARH
NSS 7-DAY SPECIAL CAMP**

**THEME: SWACHHTA HI SEVA-SWABHAV SWACHHTA SANSKAR SWACHHTA
Day 1 (24th SEPTEMBER 2024)**

The NSS unit of Government College of Education, Sector 20-D, Chandigarh, organized a 7-day special camp from 24th to 30th September 2024. The theme of this year's camp, 'Swachhta Hi Seva-Swabhav Swachhta Sanskar Swachhta,' emphasized the importance of cleanliness, both in terms of personal habits and community service. The camp aimed at instilling the values of hygiene and environmental sustainability among students while fostering a sense of responsibility toward societal well-being.

Session 1. Assembly of Volunteers and Attendance (9 AM - 9:40 AM)

The first day of the NSS camp commenced with the assembly of volunteers at 9 AM. The volunteers gathered in the college auditorium where their attendance was taken, marking the beginning of a week dedicated to service and community engagement. The volunteers, filled with enthusiasm, came together in the spirit of unity and responsibility to contribute to the cause of 'Swachhta Hi Seva.'

Session 2. NSS Song (9:40 AM - 9:50 AM)

The playing of the NSS song created an atmosphere of collective spirit and motivated the volunteers to embrace the core values of the National Service Scheme. The song resonated with the camp's overarching themes of cleanliness and service, instilling a sense of duty among the volunteers.

Session 3. Inauguration of the Camp by Chief Guest Mr. Vivek Atray (9:50 AM - 10:30 AM)

The camp was officially inaugurated by the esteemed Chief Guest, Mr. Vivek Atray, a retired IAS officer and renowned motivational speaker. In his address, Mr. Atray emphasized the importance of community service and the role of youth in nation-building. His inspiring words encouraged the volunteers to dedicate themselves wholeheartedly to the cause of 'Swachhta Hi Seva,' not just as a task but as a way of life.

Session 4. NSS Foundation Day Celebration (10:30 AM - 11:20 AM)

The next segment of the day was dedicated to the celebration of NSS Foundation Day. Volunteers reflected on the rich history and values of the National Service Scheme, which has been instrumental in fostering the spirit of volunteerism and service in India.

Short Break of Refreshments (11:20 AM - 11:40 AM)

A short break was provided to the volunteers, allowing them to recharge with refreshments. Light snacks were served, giving participants an opportunity to relax and socialize with one another before continuing with the next set of activities.

Session 5. Session on Orienting Pupil Teachers on Social Work (11:40 AM - 1 PM)

The post-break session was an orientation on social work for the Pupil Teachers by Dr. Kuldeep Puri Retired Professor from Panjab University Chandigarh. This session highlighted the importance of social responsibility and the role of teachers in inculcating civic consciousness in students. Volunteers were briefed on various social work initiatives and the ways in which they could contribute to the betterment of society through their efforts.

Lunch (1 PM - 2 PM)

Lunch was served, providing the volunteers with a nutritious and hearty meal. The relaxed atmosphere allowed the volunteers to bond with their peers, sharing thoughts on the morning's events while preparing for the activities scheduled for the latter half of the day.

Session 6. Group Division and Assignment of Various Duties by Dr. Upasana (2 PM - 4 PM)

In the afternoon session, the volunteers were divided into groups for the efficient execution of camp activities. Dr. Upasana, NSS Program Officer, supervised the division. Volunteers were assigned different responsibilities, ensuring that all tasks would be carried out smoothly during the week.

Session 7. Poster Making Competition on Swachhta Hi Seva (4 PM - 6 PM)

A poster-making competition was organized in the late afternoon, centred on the theme of Swachhta. The creative exercise allowed volunteers to express their understanding of cleanliness and its importance in a visually impactful manner. The posters, full of vibrant colours and powerful

messages, reflected the volunteers' dedication to the cause and their awareness of environmental issues.

Tea (6 PM)

A tea break followed the poster-making competition, where volunteers were served light refreshments. This break provided a brief moment of relaxation before the evening activities commenced, helping the volunteers unwind and rejuvenate after the artistic endeavours of the competition.

Session 8. Heats of Indoor Games in Hostel (6 PM - 8 PM)

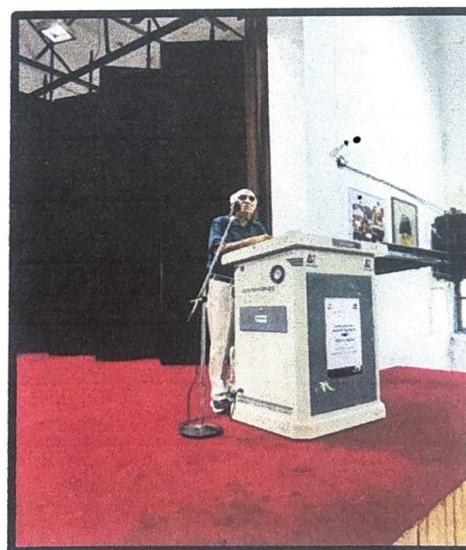
The day ended on a lively note with the heats of indoor games held in the hostel. The hostellers participated in various games such as chess, Carrom, and Ludo, fostering camaraderie and team spirit. The healthy competition and interactive environment allowed them to relax and enjoy themselves after a day of hard work and service-oriented activities.

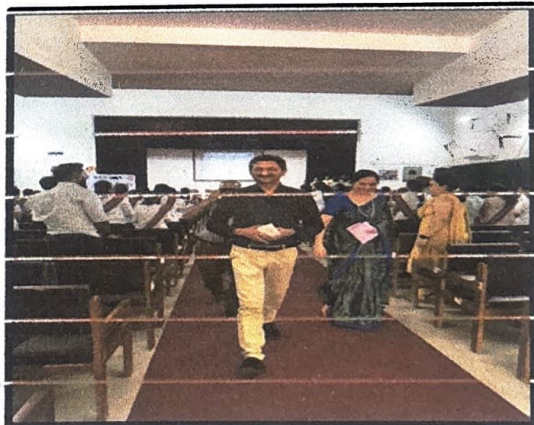
Dinner (8 PM)

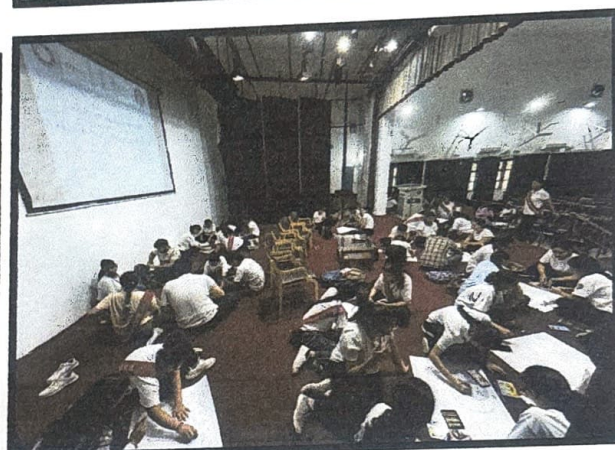
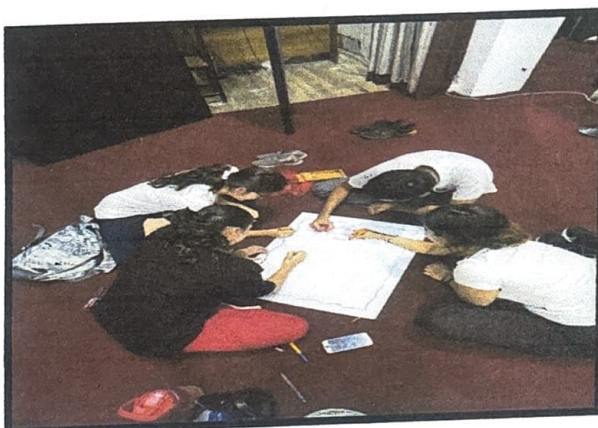
Dinner was served at 8 PM in the hostel mess. The wholesome meal provided much-needed nourishment to the volunteers after an action-packed day. Conversations at the dining tables were filled with excitement about the day's events and anticipation for the activities planned for the upcoming days.

Lights Off (10 PM)

The day concluded with switching off of the lights at 10 PM. After a fulfilling and dynamic day, the volunteers retired to their rooms, ready to rest and recharge for the challenges and opportunities the next day of the NSS camp would bring.







NSS PO

Dr. Balwinder Kaur *Balwinder 24/9/24*
Dr. Aarti Bhatt *Aarti*
Dr. Upasana Thapliyal *Upasana*

Nanda
24/9/24

Principal
Dr. Sapna Nanda