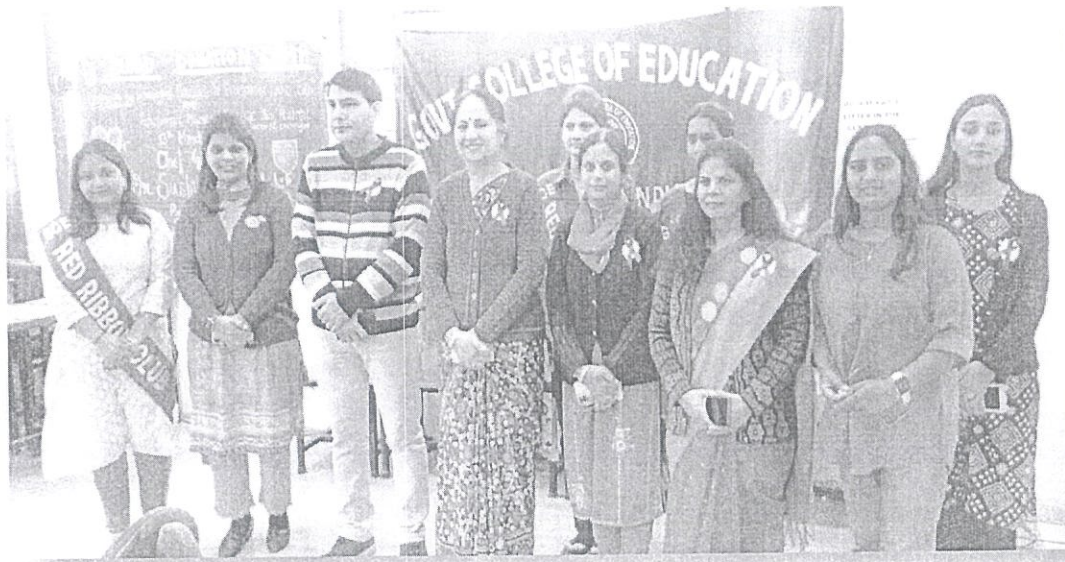



GOVERNMENT COLLEGE OF EDUCATION
SECTOR-20D, CHANDIGARH


Red Ribbon Club

ANNUAL REPORT OF RRC

2023-24




5.4.24
(Dr. Kusum)
Convener
Red Ribbon Club


Principal
Govt. College of Education,
Sector-20D, Chandigarh

Sensitization Meeting for Red Ribbon Club In-charges on 9th August, 2023 at Parkview, Sector-24, Chandigarh.

Eye Donation Awareness program

(5th September, 2023)

To enable another person obtain vision is one of the best forms of charity. Even after death the donor lives in the eyes of recipient. Eyes from a dead person can enable two blind people to acquire vision. With this objective our college organized an eye donation awareness program on 5th September 2023 for the students.

The program was inaugurated by the Principal of college, Dr. Sapna Nanda motivating the students for eye donation and encouraging them. Dr. Tanu Singh, Assistant Professor from GMCH – 32, Chandigarh and his team was the key note speaker of the program.

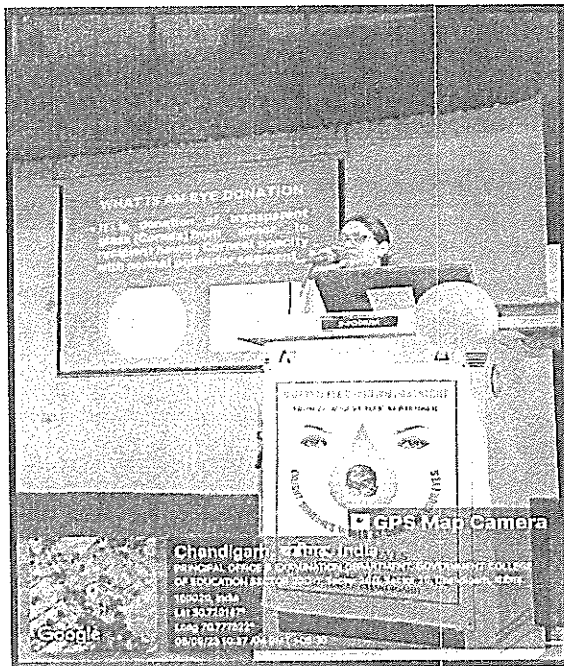
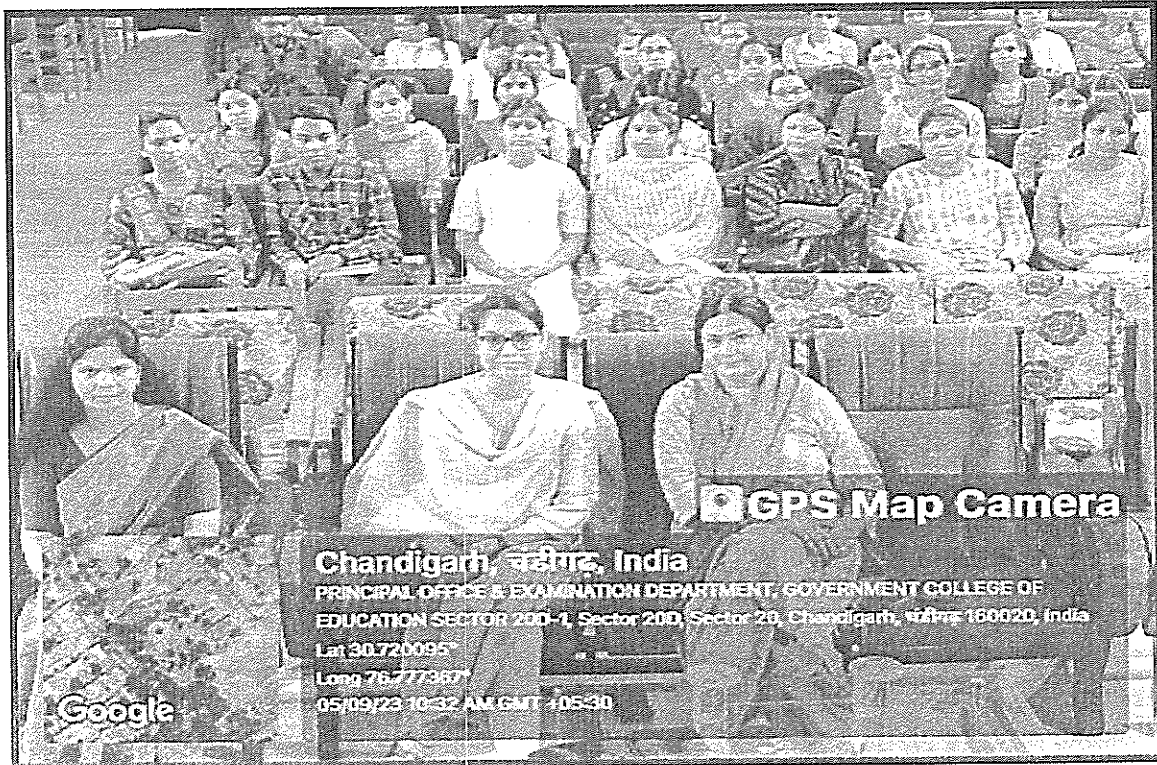
The team explained that millions of people suffer from blindness due to various reasons, including corneal diseases, injuries, and congenital disorders. Eye donation can help restore vision to those who are blind or visually impaired.

The team also explained the process of eye donation, which involves removing the cornea from the deceased donor's eyes and transplanting it into the eyes of a recipient. The cornea is the clear, outermost layer of the eye that helps focus light on the retina.

The doctor also spoke about the importance of eye donation from a medical perspective. He explained that corneal transplantation is a safe and effective procedure that can restore vision in most cases. He also dispelled some common myths about eye donation, such as the belief that it disfigures the donor's face or that it is against religious beliefs.

Dr. Kusum concluded the event by delivering the formal vote of thanks, whereby she mentioned the importance of having vision in life and how eye donation can make that possible for those who lack that vision. Audience was motivated to make their contribution in this Nobel cause as a service to the humanity and to aware people further about it.

Few Glimpses of the even



Red Run Marathon

(10th September, 2023)

On September 10, 2023, the city of Chandigarh witnessed an impactful event, the Chandigarh Red Run Marathon, organized by CSACS. The marathon commenced at 7:30 AM in Chandigarh, with participants eagerly gathering for the "Red Run." The primary objective of this event was to raise awareness about AIDS, a critical health issue that demands our attention. A remarkable 25 colleges and many NGOs from Chandigarh participated in this marathon, with each college nominating 10 students to run on their behalf. Our college enthusiastically contributed to the event, with eight of our students participating.

Our college's team displayed an outstanding performance, securing a position within the top 15 among all participating colleges. Prior to the marathon, all participants were provided with distinctive "Red Run AIDS Awareness" T-shirts, symbolizing our commitment to spreading awareness.

The event commenced with a heartwarming welcome of the chief guests Shri Dharam Pal, Advisor Administrator, UT Chandigarh Health secretary Mr. Ajay Chagti, Health Director Dr. Suman Singh and Dr. V. K. Singh flagging off the Red Run, an awareness campaign against HIV AIDS organized by the Chandigarh State AIDS Control Society at Sukhna Lake and participants after assembling at the starting point. Participants were issued a token before the start of the race, which they had to submit at a designated point during the run. In exchange, they received another token to carry until the finish line.

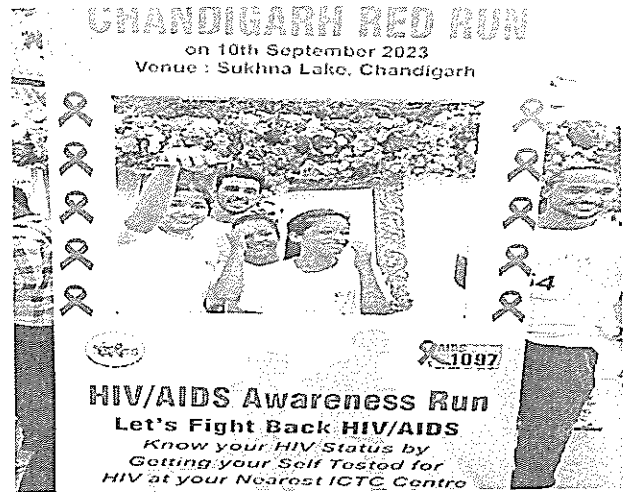
Following the conclusion of the marathon, all participants were treated to well-deserved refreshments.

An essential aspect of this event was the provision of free AIDS tests for all participants immediately following the run. This initiative aimed to encourage proactive health awareness.

The Chandigarh Red Run Marathon served as a significant platform for fostering AIDS awareness, bringing together colleges and students in a collective effort. Our college's commendable performance and participation in this noble cause reflect our dedication to making a positive impact on public health issues.

We look forward to future events that promote such meaningful causes and unite us in our mission for a healthier society.

Few Glimpses of the event:



AIDS AWARENESS RALLY

World's AIDS Day on 1st December, 2023

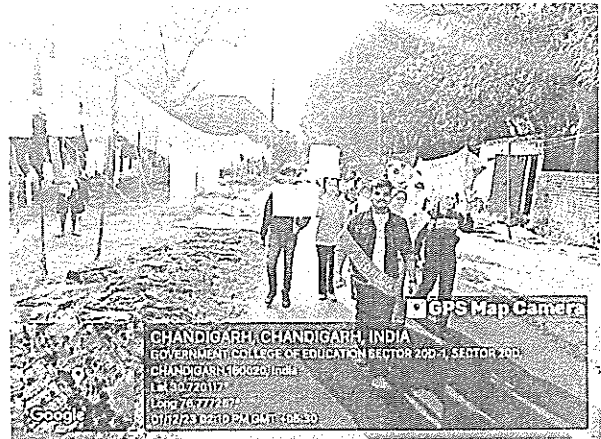
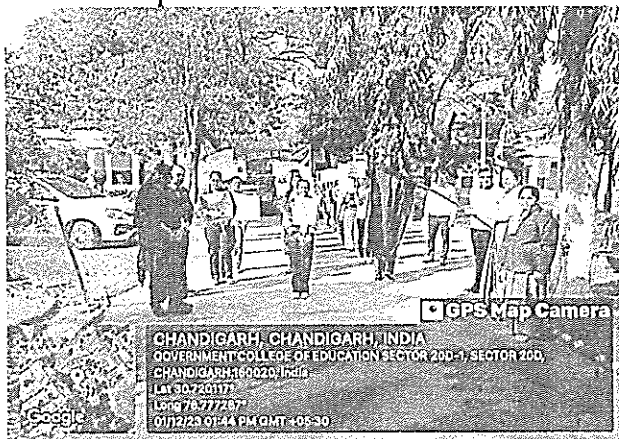
Red Ribbon Club of Government College of Education, Sector-20D, Chandigarh organized Candle March rally by Dr. Kusum (Coordinator, RRC) on the theme of World's AIDS Day on 1st December, 2023 at 1:00 p.m. Dr. Sapna Nanda, Principal GCE, 20D, Chandigarh was the guest of honour for the Awareness Rally Program.

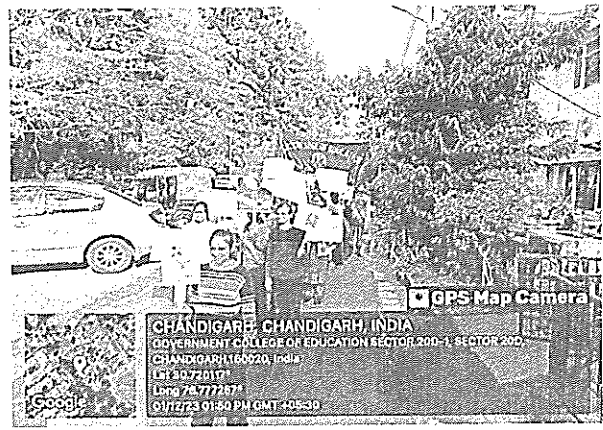
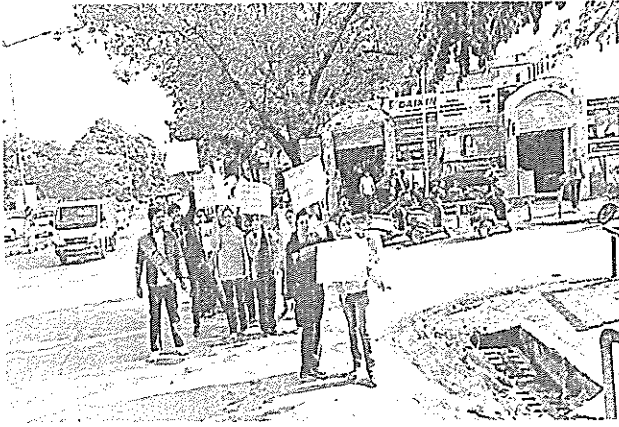
Dr. Sapna Nanda, Principal GCE, 20D flagged off the rally along with Dr. Kusum, Dr. Anurag

Sankhian, Dr. Lilu Ram, Dr. Vijay Phogat, Dr. Ravneet Chawla, Dr. Ravinder Kumar, Mrs. Sonika Devi, Mrs. Urmil Singh and other staff members of the college. 100 students of B. Ed. Assembled near the college Hall to participate in the rally. Duties are assigned to members of the RED RIBBON CLUB to organize this event successfully. There was a march in the residential area around the college.

Volunteers enthusiastically participated in the event. During the march volunteers initiated the Slogans like 'Open Your Eyes Before Aids Close Them', 'Fight Aids Not People', 'Better to Protect Rather Than Regret', 'Jan Jan Vich Sandesh Pohchao Aids Vargi Bimari Nu Dur Bhajao' " Saathi Parati Wafadari dur rhe AIDS ki bimari " " Hate the Disease but not the diseased " etc. had been raised by the students on HIV/AIDS AWARENESS with the help of Banners and Flex and placards. Engaging with onlookers, students also disseminated crucial information on HIV prevention, testing, and dispelled myths surrounding the virus. The event sought to eradicate stigma associated with AIDS and fostered a sense of empathy and understanding. Through their collective efforts, the students aimed to contribute significantly to the ongoing global fight against HIV/AIDS, promoting awareness and encouraging responsible behavior within the community. Expressing happiness at the successful implementation of the program with good dedicated team work, Principal Dr. Sapna Nanda congratulated the organizer of the rally and motivated the students to participate in all the future activities with great zeal and enthusiasm. He also encourages the students to take part in the various social activities and also appreciate the hard work of teachers and students. After the successful completion of the event, refreshment was provided to the actively participated students and staff members.

Few Glimpses of the event:





VARIOUS COMPETITIONS THE THEME OF “AIDS AWARENESS” AND “BLOOD DONATION”

Date: 13/03/2024

Red Ribbon Club organized various competitions on 13th March 2024 on the theme of “Aids Awareness” and “Blood Donation” in the premises of the Government College of Education Sector 20D, Chandigarh. The whole event was organized under the supervision of the Incharge of the Red Ribbon Club Dr. Kusum with the coordination of members of the Red Ribbon Club. The competition was organized as follows: Poster Making (Room No. 28), Slogan Making (Room No: 27), Tatio Making, Cartoon Making and Face Painting (Room No: 4), Rangoli Making in front of Auditorium and Rell Making was allowed anywhere in college premises. Students of the B.Ed 2st and 4th semester participated in this competition. The activities for the competition were as follows:

- a) Rangoli Making
- b) Cartoon Making
- c) Tattoo Designing
- d) Face Painting
- e) Poster Making
- f) Slogan Writing
- g) Reel Making

The students expressed their views and thoughts about the theme “Aids Awareness” by drawing posters, writing slogans, designing tattoos and cartoons along with making different colourful

rangoli. One could see and feel the enthusiasm that the students had in their presentations. This activity kept the students engaged and was organized to aware and encourages creativity of the students.

All the participants participated earnestly in the competition. They all came up with amazing creativity.

The judges for various competitions: -

- a) Dr. Anurag Sankhian
- b) Dr. Nisha Singh
- c) Mr. Sanjeev Kumar

The final judgment was made by the external source, faculty members of the college and presented their judgment as mentioned below: -

The winners of the various competitions are:

POSTER MAKING COMPETITION

- 1) Himanshu – 1st
- 2) Navpreet – 2nd
- 3) Navjot Kaur– 3rd
- 4) Kriti Shukla – 4th

SLOGAN WRITING COMPETITION

- 1) Ankita Rana - 1st
- 2) Rupanshi – 2nd
- 3) Parul – 3rd
- 4) Komal– 4th

CARTOON MAKING COMPETITION

- 1) Rashi Aswal– 1st
- 2) Rankita Kumari– 2nd
- 3) Muskan– 3rd

TATOO DESIGNING COMPETITION

- 1) Anjali Rana – 1st
- 2) Rashi Aswal- 2nd
- 3) Chuskit Dolma- 3rd

RANGOLI MAKING COMPETITION

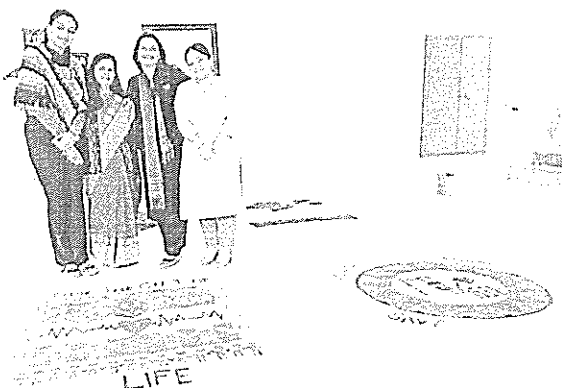
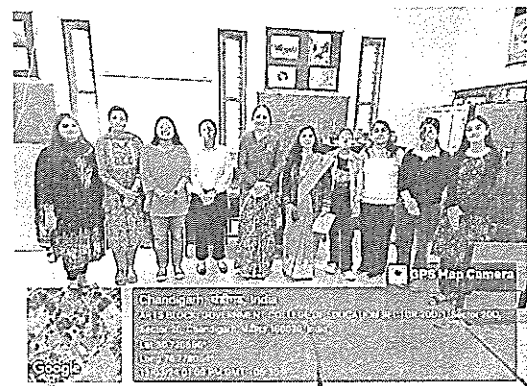
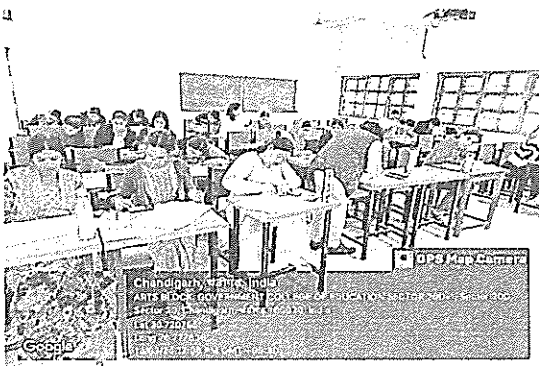
- 1) Amisha and Suhani– 1st
- 2) Parash Sharma and Mamta- 2nd
- 3) Jyoti Singh and Nisha- 3rd
- 4) Kirandeep and Samiksha- 4th

FACE PAINTING COMPETITION

- 1) Reena and Niharika- 1st
- 2) Saloni and Ruhina- 2nd

REEL MAKING COMPETITION

- 1) Naincy Kumari, Rankita Kumari, Nitish Kumar Jha, Reena, Saurabh Sharma- 1st
- 2) Saloni, Radha, Vandana, Shama, Swati- 2nd
- 3) Jyoti and Diksha Parmar- 3rd
- 4) **Glimpses of the Event**





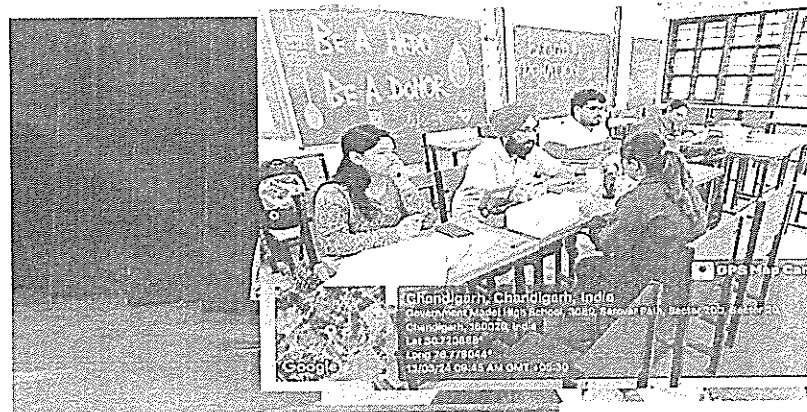
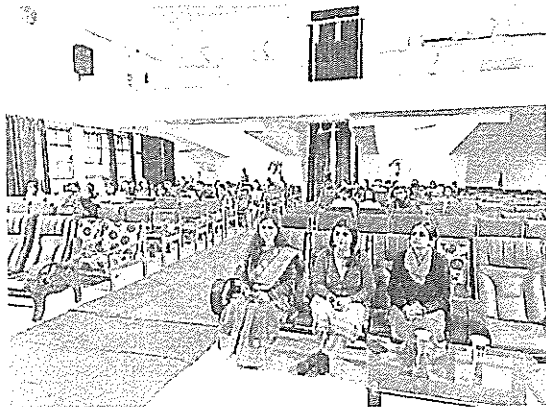
BLOOD DONATION CAMP

Date: 13 March 2024

One day blood donation camp was organized by the Red Ribbon Club of the Government College of Education; sector 20 D, Chandigarh on 10th March 2023 under the esteemed guidance of our club Incharge Dr. Kusum. Mr. Sunil Kumar Panghal, Asst. Director (youth Affairs)-cum-Incharge (Blood Safety) Chandigarh State AIDS Control Society, International Hostel, Madhya Marg, Sector-15-A, Chandigarh were the Guest on the occasion and Dr. (Mrs.) Sapna Nanda, Principal, Government College of Education, she inaugurated the camp along with Dr. Ravneet Kaur Head, Department of Blood Transfusion, Government Medical College of Hospital, Sector 32 and RRC incharge Dr. Kusum. The session started with motivational lecture by Dr. Kshitija Mittal Assistant Professor from Government Medical College of Hospital, Sector 32 where she highlighted the importance of blood donation. She discussed about the need of blood to save human life, components of blood that can be used, the situations and diseases where blood transfusion is required. She continued her discussion with the importance of voluntary blood donation and why blood given voluntarily is the best type of blood donation that a person can do. She also emphasised on the fact that blood is replenishable and there is no major effect on donator health whatsoever. After this, she gave a detailed description about the process of blood donation where she described the whole process of selecting those donors that are healthy and able to give blood which comes with certain conditions(like having haemoglobin more than 12.5, not being on any medication, not being on periods for females, etc.). After this selection, the donor is asked to lie down and the blood is taken under careful observation of the doctors with clear labelling and careful handling of the collected sample. After the blood has been taken, the donor is monitored by the onsite doctors for a little while so that they can make sure that the

donor is in perfect health. Dr. Ravneet Kaur motivated everyone present in the hall to donate blood and save lives, and the result was that the students of the college enthusiastically participated in the blood donation camp. All volunteers were awarded with a brooch and a certificate by Madam Principal, Dr Ravneet Kaur and Dr. Kusum. Students of both semesters took part in blood donation camp enthusiastically along with teaching and non-teaching staff. Refreshment was also given to donators. Team of 13 doctors were there to assist and guide donator. Students have to undergo through an examination which included checking weight and haemoglobin level of students to check whether they are fit for donating blood or not.

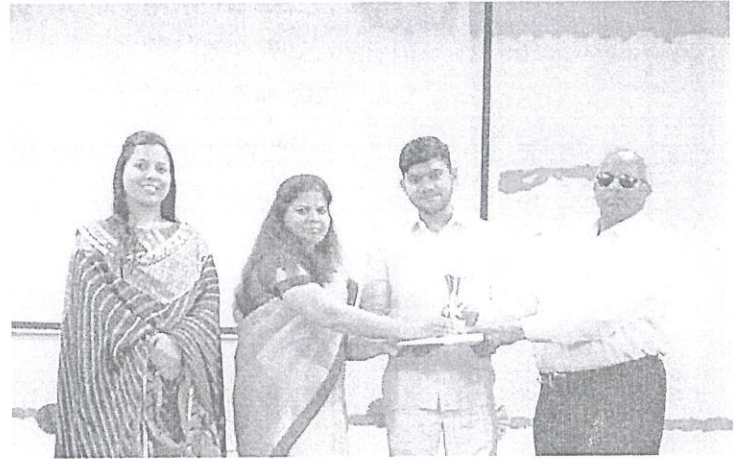
Glimpses of the Event:



Inter College Competition Tableau

Student of B.Ed 4th semester Nitish Kumar Jha (218) of Government College of Education, Sector 20D, Chandigarh participated in the Inter College Competition TABLEAU on the topic UNIITE AND FIGHT, make HIV/AIDS and DRUG TAKE FLIGHT on 14th march 2024 in Sri Guru Gobind Singh College, Sector 26 Chandigarh. Nitish Kumar Jha (218) emerged victorious in the competition. He presented skilfully conveyed the importance of prevention, treatment, and destigmatization surrounding the disease. Through vivid imagery and powerful messages, his performance garnered acclaim and highlighted the significance of spreading awareness to combat HIV/AIDS.

Glimpses of the Event



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5.4.24

Convenor

Red Ribbon Club

GCE-200/2024/1139-1140

Copy to:

1. For Office Records
- ✓ 2. For College Website
- ✓ 3. For Convocation Dr. Anjali Puri

Handwritten signature
5/4/2024

Principal

Govt. College of Education

Sector - 20 D, Chandigarh

Date: 14-05-2024