



GOVERNMENT COLLEGE OF EDUCATION
SECTOR 20-D, CHANDIGARH
VADA CLUB

Visit to Arya Hospital - Neuropsychiatry & De-Addiction Centre

Venue: Arya Hospital - Neuropsychiatry & De-Addiction Centre, Manimajra

Date: April 4, 2025

Participants: 29

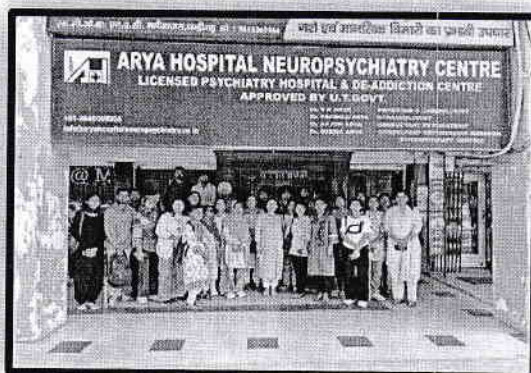
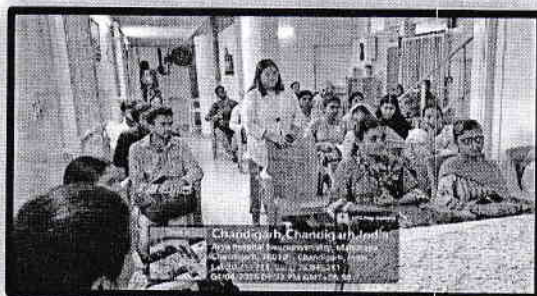
B.Ed. first-year students of Government College of Education, Sector 20-D Chandigarh visited Arya Hospital - Neuropsychiatry & De-Addiction Centre under the VADA Club initiative on April 4, 2025. The visit aimed to raise awareness about drug addiction, its psychological, social impact, and the rehabilitation process.

Doctor Amit Dwedi at the centre addressed the students and provided valuable insights into the issue of drug addiction. The discussion began with the fundamental question, "Why do people take drugs?" Various reasons were highlighted, including peer pressure, stress, escapism, and curiosity. The speaker elaborated about the stages of addiction, from initial experimentation to complete dependence and discussed the types of drug addiction, differentiating between legal (prescribed medications) and illegal substances. The session also touched upon how addiction manifests differently in boys and girls, along with the psychological struggles faced by drug users.

Students learned about the various therapies offered to patients, such as counselling, detoxification, and medication. Dr. Amit highlighted the role of psychologists, who provide personal attention to each patient and the importance of motivational speakers, who visit the hospital regularly to inspire and support recovering patients.

The visit concluded with question answer session where students asked insightful questions and gained deeper knowledge about addiction, prevention and rehabilitation. At the end Dr. Balwinder Kaur Nodal officer proposed a vote of Thanks.

Evidence of Success:



VADA Club

Dr. Balwinder Kaur (Nodal Officer) *Balwinder*

Dr. Upasna Thapliyal (Member) *Upasna*

David
4/4/2025
Principal